

## Upper Limb Unit

Surgical Procedures			
Year	2008	2009	2010
Total	997	1178	1347



- Exclusive unit to address shoulder, elbow & wrist problems
- Upper limb out-patient clinic
- Specialised upper limb physiotherapy services
- Advanced diagnostic facilities

*“ Excellence is not a skill, it is an attitude ”*

## Upper Limb Team



L to R: Dr. Srikanth KP, Dr. Ramesh P, Dr. J. Dheenadhayalan, Dr. Devendra Agraharam

The upper limb unit is a specialised unit to address the unique problems of shoulder, elbow and wrist. Upper limbs are involved in precision activities day-to-day and it is important that there is more insight into the natural history, diagnosis and treatment of the problems involving these joints. It has evolved as a separate sub-specialty in orthopaedics and the team as a whole focuses on the entire spectrum of diseases involving the upper limb and strives to deliver the best to the patients.

The unit is headed by Dr J Dheenadhayalan, who has special training in the treatment of musculoskeletal problems of the upper limb. The unit has one senior registrar and two registrars who help in pre-operative work-up and post-operative care. Physiotherapists trained in upper limb therapy aid in completing the continuum of care.

Surgical Procedures			
Year	2008	2009	2010
Shoulder	275	371	323
Inferior Capsular Shift	19	33	29
Rotator Cuff	46	49	24
Arthroscopy	1	4	17
Proximal Humerus Fractures	123	131	164
Clavicle Fractures	30	27	45
Acromioclavicular Joint Dislocations	2	32	6
Stiff Shoulders	54	93	35
Arthroplasty	1	2	3
Elbow Surgeries	158	266	298
Wrist Surgeries	564	541	726
<b>Total</b>	<b>997</b>	<b>1178</b>	<b>1347</b>

Apart from fracture fixation, this unit has special interest in deformity correction surgeries, stiff elbow and major side-swipe injuries. An innovative technique in the treatment of non-union of distal humerus involving plate over a nail with bone grafting has also been devised.